

Walk Programme Challenging, Less Chall.1, Less Chall.2, Moderate, Moderate/Easy
4th May 2025 Walks (**Final 25th February 2025**)

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
4 th May Challenging	0700hrs	41/42	483873 483873	Aberarder – NW – Cairn@Approx 474882 – NE – Na Cnapanan – NNW – Carn Liath(M) – W – 969m – WSW – 963m – 991m – SW – Stob Poite Coire Ardair(M) – SW – The Window – S, WSW – 424876 – W – Creag Meagaidh(M) – Retrace – 424876 – SE – Puist Coire Ardair (1070m) – E, NE – Sron a Choire (1001m) – E (Descend Coire by Allt Bealach a Ghoire) – ATV Track@Approx 462880 (550m) – E, ESE – X Br@475874 – Track – Aberarder & Start	1300m 4265ft	18km 11.3ml
4 th May Less Chall 1	0700hrs	41/42	483873 483873	Aberarder – NW, SW – Lochan a Choire – WNW – The Window - S, WSW – 424876 – W – Creag Meagaidh(M) – Retrace – 424876 – SE – Puist Coire Ardair (1070m) – E, NE – Sron a Choire (1001m) – E (Descend Coire by Allt Bealach a Ghoire) – ATV Track@Approx 462880 (550m) – E, ESE – X Br@475874 – Track – Aberarder & Start	1055m 3460ft	16km 10ml
4 th May Less Chall 2	0700hrs	41/42	531897 483873	Aberarder Lodge – NE – Glenshero Lodge – X Br@553932 – Minor Rd W – Approx 535936 – SW – Carn Dubh (767m) – 903m – SW – Stob Coire Dubh (916m) – Carn Liath(M) – SSE – Na Cnapanan – SW – Path SE - Aberarder	875m 2870ft	17.5km 10.9ml
4 th May Moderate	0700hrs	41/42	554898 594924	Gallovie Entrance – X Br – Track SW, W – Kinloch – NE – X Br@539896 – W on A86 (200m) – Track W – Aberarder Lodge - NE – Glenshero Lodge – X Br – Minor Rd WNW – 551934 – N – Sherramore – X Br@552939 – N - 553942 – ESE – Spey Dam – X Br@579939 – 581940 – SSE, ENE – Minor Rd@585937 – X Br - SSE – 587930 – Track SW – 580920 – NNE – Dun-da-lamh Fort – Retrace – 587930 – SE – X Main Rd – Laggan Wolf Trax (Refreshments)	470m 1540ft	20.5km 12.8ml
4 th May Moderate/Easy	0700hrs	41/42	531897 594924	Aberarder Lodge – NE – Glenshero Lodge - X Br – Minor Rd WNW – 551934 – N – Sherramore – X Br@552939 – N - 553942 – ESE – Spey Dam – X Br@579939 – 581940 – SSE, ENE – Minor Rd@585937 – X Br - SSE – 587930 – Track SW – 580920 – NNE – Dun-da-lamh Fort – Retrace – 587930 – SE – X Main Rd – Laggan Wolf Trax (Refreshments)	415m 1360ft	16.5km 10.3ml
				<u>NOTE:- COMBINED COACH FOR 4th MAY 2025</u>		

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