

Walk Programme Challenging, Less Challenging, Moderate, Moderate/Easy
7th July 2024 (FINAL 7th May 2024)

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
7 th July Challenging	0700hrs	35/43	851984 756005	Car Park – Road S – Auchlean – Path S – X Br@850965 – Track S – 846942 – NW, W, SW – Carn Dearg Beag – Carn Dearg Mor(C) – Carn Dearg – W – Meall an Dubh-chadha – W - Meallach Mhor(C) – N – Clach-mheall – NW - Path@772942 - SW - Track@767939 - NNE – Br@779968 - Glen Tromie Lodge - Path NW – Ruthven Barracks - Minor Road - Kingussie	1115m 3660ft	27km 16.9ml
7 th July Less Challenging 1	0700hrs	35/43	851984 756005	Car Park – Road S – Auchlean – Path S – X Br@850965 – Track S – 846942 – NW, W, SW – Carn – Dearg Beag – Carn Dearg Mor(C) - SW - Bealach@816907 - NW - Path Jcn@799918 - NW, N - Approx 792965 - NW - Path Jcn@789971 - N - NW - Track@788978 - SW - Br@779968 - Glen Tromie Lodge - Path NW – Ruthven Barracks - Minor Road - Kingussie	800m 2625ft	26km 16.2ml
7 th July Moderate & Less Challenging 2	0700hrs	35	851984 756005	Car Park – Road& Path – S – Auchlean - X Br@850965 – S – 846942 – Track NNW – 841955 – Path NW, NNE – 833981 – W – Coranstilmore – Path Jcn@830982 – SW – X Br@826978 – NW – Baileguish Ruin – X Br@824983 – Track W – 814985 – Path SW – Track@799975 – WSW – 789971 – Path N – Track@788978 – SW – X Br@779968 – Glentromie Lodge – Path & Track NNE, NW (by R. Tromie) - X B970@780995 – W (Approx 80m) – Walkers/Cycle Path – W – Jcn@762995 – B970 (Care) - Approx 1km – Path on RHS (Approx 150m before 30mph) - Kingussie	380m 1245ft	23.5km 14.7ml
7 th July Moderate/Easy	0700hrs	35	851984 756005	Car Park – Road& Path – S – Auchlean - X Br@850965 – Track N – 848976 – NW, W – Coranstilmore - Path Jcn@830982 – SW – X Br@826978 – NW – Baileguish Ruin – X Br@824983 – Track W – 814985 – Path SW – Track@799975 – WSW – 789971 – Path N – Track@788978 – SW – X Br@779968 – Glentromie Lodge – Path & Track NNE, NW (by R. Tromie) - X B970@780995 – W (Approx 80m) – Walkers/Cycle Path – W – Jcn@762995 – B970 (Care) - Approx 1km – Path on RHS (Approx 150m before 30mph) - Kingussie	215m 705ft	19km 11.9ml
<u>NOTE:- COMBINED COACH 7th JULY 2024</u>						