

Walk Programme Challenging, Less Challenging, Moderate, Moderate/Easy
1st October 2023 (**FINAL 30th August 2023**)

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
1 st October Challenging Plus (See Note)	0700hrs	56	236096 297043	Butterbridge – NE – Glen Kinglas – 265129 – SE – Beinn Dubh – S, SE - Ben Vane(M) – W, SW – Bealach@263096 – SW – Glas Bealach – S – Beinn Ime(M) – Bealach a Mhaim – S, SW – The Cobbler(C) - ESE – Approx 269058 - Allt a Bhalachain – Cowal Way – A83 – Finish@Arrochar Hotel	1630m 5350ft	20.5km 12.8ml
1 st October Less Challenging 1	0700hrs	56	236096 297043	Butterbridge – NE – Glen Kinglas – 265129 – SE – Beinn Dubh – S, SE - Ben Vane(M) – SE – Track@294090 – NE – 298095 – SE – X Br@ 302092 – Path SE, S, SW – Stronafyne – Track SW – A83 - Finish@Arrochar Hotel	940m 3085ft	17.5km 10.9ml
1 st October Less Challenging 2	0700hrs	56	230074 297043	Rest & be Thankful – B828 SW – 228070 – Track SW – 227066 – S, E – Path SSW – 660m – 817m – Ben Donich(C) – S, SE – Approx 222028 – NE, N - Track@241047 – SE – Ardgarten – X A83@270037 – Cowal Way NE – A83 - Finish@Arrochar Hotel	850m 2790ft	16km 10ml
				NOTE:- COMBINED COACH OUTING 1st OCTOBER		
1 st October Moderate	0700hrs	56	294049 297043	A83 Nr Succoth - Forest Path & Track SW, NW – NW by Allt a’Bhalachain – Bealach a’Mhaim – NE – Forest Track@268078 – NE – 279090 – E, NE – 299095 – SE – X Br@302092 – Glen Loin Path SE, S, SW – Stronafyne – Track SW – A83 – Finish@Arrochar Hotel	820m 2690ft	15.5km 9.7ml
1 st October Moderate/Easy	0700hrs	56	230074 297043	Rest & be Thankful – B828 SW – 228070 – Track S – 228068 – SE – 234063 – R Fork – SE – 253040 – L Fork – E, ESE – Ardgarten – X A83@270037 – Cowal Way NE – 289046 – Track NNE – 293051 – R Fork – 299059 – ESE, SSW – Succoth – Minor Rd SSW – A83@295049 – Finish@Arrochar Hotel	300m 985ft	13.5km 8.4ml

Note:- To reduce the Challenging Plus to a Challenging walk, omit The Cobbler (19.5km/1370m)