

Walks Programme for 4th October 2020

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
4 th October Challenging Plus	0700hrs	36	978097 989062	Glenmore Lodge – NE – 003110 – ESE – Bynack Stable – X Br. – SE, S – 818m – S – Bynack More(M) – S, E, S – A'Choinneach – SW – The Saddle – NW – Cairn Gorm(M) – N, NW – Ski Centre	1305m 4280ft	20km 12.5ml
4 th October Challenging	0700hrs	36	989062 989062	Coire Cas Car Park – SSW, S, SSE – Ben Macdui(M) – Cairn Lochan – Stob Coire an t-Sneachda – Cairn Gorm(M) – Coire Cas Car Park	1015m 3330ft	18km 11.2ml
4 th October Less Challenging	0700hrs	36	985073 989062	Sugar Bowl Car Park – S Bridge – Path S, W – Approx 976065 – SSW, S – Lurcher's Crag – SE – 1083m – Cairn Lochan – Stob Coire an t-Sneachda – N, E – Cairn Gorm(M) – N – Ptarmigan – Track – Coire Cas	1090m 3575ft	13.5km 8.4ml
4 th October Moderate 1	0700hrs	36	978097 989062	Reindeer Centre – Track NNE – 985116 – E = Meall a Bhuachaille(C) – E – Ryvoan – Track SW – An Lochan Uaine (Green Lochan) – 999102 – Path S – Lochan na Beinne – SW – 998074 (Coire Ciste Car Park) – Ski Road – Coire Cas	840m 2755ft	12km 7.5ml
4 th October Moderate 2	0700hrs	36	989062 989062	Coire Cas – Path SW, SSW – 1083m – E – Cairn Lochan – Stob Coire an t-Sneachda – N, E – Cairn Gorm(M) – N – Ptarmigan – Track – Coire Cas	830m 2725ft	11.5km 7.2ml
4 th October Moderate/Easy	0700hrs	36	956097 989062	Loch Morlich – Track S, SE, E (Round Loch) – Minor Road – N – X Bridge – 980095 (Allt Mor Car Park) – Path ESE – X Bridge@986091 – SSE – 988088 – NE, N – 992097 – NE – An Lochan Uaine (Green Lochan) – Retrace – 999102 - Path S – Lochan na Beinne – SW – 998074 (Coire Ciste Car Park) – Ski Road – Coire Cas	480m 1475ft	13.5km 8.4ml