

Walk Programme Challenging, Less Challenging, Moderate, Moderate/Easy  
5<sup>th</sup> March 2023 (Updated 7<sup>th</sup> February 2023)

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
5 <sup>th</sup> March 2023 Challenging	<b>0700hrs</b>	42	631760 637842	A9 Lay By – Track S – 633751 (Rail Underpass) – Track N, WSW (Coire Dhomhain) – Approx 610748 (2 <sup>nd</sup> Bridge) – S, WSW – Sgairneach Mhor(M) – SW, NW, SW – Bealach@583728 – W, N – Beinn Udlamain(M) – NE – Bealach@Fraoch-choire – N – Coire Fhar – N, NNE – Geal Charn(M) – N, NE – Creagan Mor(772) – Meall a’Bhuirich – Approx 629824 – NNW – Loch Ericht – Track ENE – Dalwhinnie (Opposite Loch Ericht Hotel)	1055m 3460ft	22.5km 14.1ml
5 <sup>th</sup> March 2023 Less Challenging	<b>0700hrs</b>	42	628792 637842	Balsporran Cottages – Under Railway – Path SW – X Allt Coire Fhar – SW, S – A’Mharconaich(M) – SW – Approx 598757 – NW – Coire Fhar - N, NNE – Geal Charn(M) – N, NE – Creagan Mor(772) – Meall a’Bhuirich – Approx 629824 – NNW – Loch Ericht – Track ENE – Dalwhinnie (Opposite Loch Ericht Hotel)	840m 2755ft	16.5km 10.3ml
5 <sup>th</sup> March 2023 Moderate	<b>0800hrs</b>	OS 25K 370/371	398263 229182	Wormit (Bay Rd) – Shore Track (Signed Balmerino) – W – Balmerino – Follow Coast SW – Thru Forest – Leave@Approx 340235 – SE – Track@342232 – SW, SE – Minor Rd@343225 (Muir Dens) – SW (Over X Rds@338220) – 330213 – WSW (Past Creich) – Brunton – W – 310209 – Track S, W, S (Norman’s Law) – SW – 288190 – N, NW (Glenduckie Hill) – SW (Bankside, Higham Hill) – Parkhill Ho – 249182 (Old Parkhill) – NW – X Abbey Rd (Parkhill) – NW – Coast – WSW, S – Mugdrum Park (Arch) – Newburgh Car Park	625m 1990ft	24km 15ml
5 <sup>th</sup> March 2023 Moderate/Easy	<b>0800hrs</b>	OS 25K 370/371	357244 229182	N – Balmerino & Coast - Follow Coast SW – Thru Forest – Leave@Approx 340235 – SE – Track@342232 – SW, SE – Minor Rd@343225 (Muir Dens) – SW (Over X Rds@338220) – 330213 – WSW (Past Creich) – Brunton – W – 310209 – Track S, W, S (Norman’s Law) – SW – 288190 – N, NW (Glenduckie Hill) – SW (Bankside, Higham Hill) – Parkhill Ho – 249182 – (Old Parkhill) – NW – X Abbey Rd (Parkhill) – NW – Coast – WSW, S – Mugdrum Park (Arch) – Newburgh Car Park	520m 1705ft	20km 12.5ml
				<b>NOTE:- 2 COACHES 5<sup>th</sup> MARCH 2023</b>		