

Walk Programme – Challenging, Less Challenging, Moderate, Moderate/Easy 5th September 2021

Date / Grade of Walk	Time of Departure	O.S. Map	Start/Finish Point	Description of walk	Height m/feet	Distance Km/miles
5 th September 2021 Challenging	0700hrs	50	343292 330303	Dalrigh – Track SE – Br – WSW – Rail Br – WSW – New Br@333283 – Rough Path SW Thru Forest (by Allt Coire Dubhchraig) – Coire Dubhchraig – Approx 305258 – SE – Beinn Dubhchraig(M) – NW, W – Bealach@298259 – W, SW – 941m – Ben Oss(M) – Retrace to 302259 – N, NE – 309277 – NNW – Br@304283 (Cononish) – Track E – 316287 – Track NE, N - Tyndrum	1285m 4215ft	18km 11.2ml
5 th September 2021 Less Challenging	0700hrs	50	343292 330303	Dalrigh – Track SE – Br – WSW – Rail Br – WSW – New Br@333283 – Rough Path SW Thru Forest (by Allt Coire Dubhchraig) – Coire Dubhchraig – Approx 305258 – SE – Beinn Dubhchraig(M) – NW – 302259 - N, NE – 309277 – NNW – Br@304283 (Cononish) – Track E - 316287 – Track NE, N - Tyndrum	870m 2855ft	14.5km 9.1ml
5 th September 2021 Moderate	0700hrs	OL 56 (25K)	724996 755005	SSE – X Rail Br – E – R. Spey – Path SW, SSW, W by River – Rail Underpass@712980 – Spey Br - (X B9150) – Path N by R. Calder – X A86 – NNW (Follow River) – Minor Rd@703997 – SE – 708993 – Track N – Approx 709998 – Path ENE – X Br@721003 – Path N – 719012 – ENE – 726014 – N, NE - Loch Gynack – Pitmain Lodge – SE – X Br@756022 – Path W - Approx 748024 – SSW – Creag Bheag – SSE – 751008 – Kingussie Station Parking	440m 1445ft	18.5km 11.6ml
5 th September 2021 Moderate/Easy	0700hrs	OL 56 (25K)	724996 755005	SSE – X Rail Br – E – R. Spey – Path SW, SSW, W by River – Rail Underpass@712980 – Spey Br - (X B9150) – Path N by R. Calder – X A86 – NNW (Follow River) – Minor Rd@703997 – SE – 708993 – Track N – Approx 709998 – Path ENE – X Br@721003 – Path N – 719012 – ENE, E – Loch Gynack – X Br@756022 – Track & Minor Rd – Kingussie Station Parking	205m 675ft	15km 9.4ml
<u>NOTE:- 2 COACHES 5th SEPTEMBER</u>						